

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gareth Frost**

Has successfully participated & completed the

**Triathlon Standard Prime View Cross Tri & Duathlon #5**

held at Prime View.

**TIME 01:58:47**

**PACE 12.63km/h**

**OVERALL 7 of 21**

**GENDER 7 of 15**

**45 - 49 2 of 4**

24 September 2023, Sun

Date



*BoutTime*

Signature

